

South Dakota National Guard

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FOR IMMEDIATE RELEASE

Soldiers participate in Army combatives training

By Staff Sgt. Christina Sihrer
Detachment 1, 155th Engineer Company

WINNER, S.D. – The South Dakota Army National Guard’s Detachment 1, 155th Engineer Company of Winner, participated in combatives training at the Winner Sports Center Feb. 4. Army combatives cover the techniques and tactics Soldiers are trained in involving hand-to-hand combat.

Sgt. Adam Palmiotto of Detachment 1, 235th Military Police, Sioux Falls, showed Soldiers of Det. 1 some of the basic moves taught in the Modern Army Combatives Level 1 course such as different techniques to subdue or incapacitate an individual.

“It was great training,” said Sgt. Darbi McIntyre of Winner. “Sgt. Palmiotto is a great teacher who really knows his stuff.”

Combatives training is a yearly requirement for all Soldiers, and just one of the Warrior Tasks and Battle Drills in which all Soldiers, regardless of rank, component, or military occupational specialty, must maintain proficient in to successfully fight and win on the battlefield.

“Combatives is a basic technique that every Soldier should learn,” said Palmiotto of Sioux Falls. “It can not only save their life, but also their battle buddy’s. It is imperative that Soldiers are staying active and staying trained so they are ready to respond within a moment’s notice.”

Spc. James Oconnor, a member of the 155th and Winner resident, recapped the training event saying, “I had a great time learning the moves that someday I might have to use.”

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Sgt. Adam Palmiotto with the South Dakota Army National Guard’s Detachment 1, 235th Military Police Company of Sioux Falls, demonstrates the “guard body” position on Spc. Jay Carroll of Detachment 1, 155th Engineer Company of Winner, during Modern Army Combatives Training Feb. 4, 2012, at the Winner Sports Center. (SDNG photo by Staff Sgt. Christina Sihrer)



Sgt. Adam Palmiotto with South Dakota Army National Guard's Detachment 1, 235th Military Police Company of Sioux Falls, demonstrates "escaping the guard" on Spc. Spencer Frank of Detachment 1, 155th Engineer Company of Winner, during Modern Army Combatives Training Feb. 4, 2012, at the Winner Sports Center. (SDNG photo by Staff Sgt. Christina Sihrer)



Spc. Jordan Wendel with the South Dakota Army National Guard's Detachment 1, 155th Engineer Company of Winner, performs a headlock on Spc. Jay Carroll of Detachment 1, 155th Engineer Company of Winner, during Modern Army Combatives Training Feb. 4, 2012, at the Winner Sports Center. (SDNG photo by Staff Sgt. Christina Sihrer)



Sgt. Darbi McIntyre with the South Dakota Army National Guard's Detachment 1, 155th Engineer Company of Winner, performs an "arm trap and roll" on Spc. Aryn Novotny of Detachment 1, 155th Engineer Company of Winner. They participated in Modern Army Combatives Training in Winner Feb. 4, 2012, at the Winner Sports Center. (SDNG photo by Staff Sgt. Christina Sihrer)

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