

South Dakota National Guard Public Affairs Office

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FOR IMMEDIATE RELEASE:

South Dakota runners place in Army Ten-Miler

By 2nd Lt. Chad Carlson
SDNG Public Affairs

The South Dakota Army National (SDARNG) had a strong showing at the 27th annual Army Ten-Miler in Washington D.C., Oct. 9. The annual Army tradition, held at the Pentagon, is the largest ten-mile race in America and third largest ten-mile race in the world.

Among the more than 30,000 runners at this year's event, the SDARNG had twelve runners represented on three teams.

Sgt. 1st Class Michael Streff (0:58:59) and 1st Lt. Marie Fritza (1:17:48) ran on the NGB All Guard team, which finished first in the National Guard Mixed Division.

Sgt. Rebecca Linder (1:18:40), 1st Lt. Billi Bierle (1:22:36), Capt. Rebecca Trygstad (1:33:10), Sgt. Kayla Morris (1:35:40) and Master Sgt. Michaelette Higgins (1:39:28) ran on the Coyotes of SD #1 team and finished in fourth place in the National Guard Women's Division.

Capt. Joshua Paull (1:08:13), Master Sgt. Todd Grabow (1:11:00), WO1 Chad Vickers (1:12:28), Sgt. Adam Herrmann (1:12:32) and Sgt. 1st Class Corey Rabenberg (1:21:03) made up the Coyotes of SD #2 team which finished in fifth place in the National Guard Men's Division.

"It was a great honor to be able to come and represent S.D. at the race," said Paull. "The race itself was a great time. It was very impressive to see this many people come together for a race like this—that is about more than just the running. The wounded Soldiers along the race route were extremely inspiring."

Produced by the U.S. Army Military District of Washington, the Army Ten-Miler proceeds support Army Morale, Welfare and Recreation, a comprehensive network of support and leisure services designed to enhance the lives of Soldiers and their families.

"The race was an amazing experience and opportunity," Linder said. "I have never run in a race this big so it was definitely an experience I will never forget. All the monuments, supporters and racers made this event so special and meaningful."

The race starts and finishes at the Pentagon, passing by DC landmarks including the Lincoln Memorial, Washington Monument and the Capitol Building.

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“There were moments of goose bumps - running by the Lincoln Memorial, Arlington Cemetery and running among Warrior amputees,” said Grabow. “What an experience and one that won’t be forgotten. It is something everyone should experience.”

The mission of the Army Ten-Miler is for the Military District of Washington to safely conduct the Army’s annual 10-mile race to promote the Army, build esprit de corps, support fitness goals, and enhance community relations.

Results:

NGB All Guard Team (4:23:37) 1st place National Guard Mixed Team Division

Sgt. 1st Class Michael Streff 0:58:59
1st Lt. Marie Fritza 1:17:48

Coyote of SD #1 (5:50:05) 4th place National Guard Women’s Team Division

Sgt. Rebecca Linder 1:18:40
1st Lt. Billi Bierle 1:22:36
Capt. Rebecca Trygstad 1:33:10
Sgt. Kayla Morris 1:35:40
Master Sgt. Michaellette Higgins 1:39:28

Coyote of SD #2 (4:44:11) 5th place National Guard Men’s Team Division

Capt. Joshua Paull 1:08:13
Master Sgt. Todd Grabow 1:11:00
WO1 Chad Vickers 1:12:28
Sgt. Adam Herrmann 1:12:32
Sgt. 1st Class Corey Rabenberg 1:21:03

PHOTOS: High-resolution photos for this release are available upon request or at:
www.flickr.com/southdakotationalguard



Twelve members of the South Dakota Army National Guard ran in the 27th annual Army Ten-Miler, Sunday, Oct. 9, in Washington, D.C. (Back row from left) Sgt. 1st Class Corey Rabenberg, Capt. Joshua Paull, WO1 Chad Vickers, Master Sgt. Todd Grabow and Sgt. Adam Herrmann (Front row from left) 1st Lt. Billi Bierle, Capt. Rebecca Trygstad, Master Sgt. Michaellette Higgins, Sgt. Rebecca Linder and Sgt. Kayla Morris. Not pictured are Sgt. 1st Class Michael Streff and 1st Lt. Marie Fritza. (SDNG courtesy photo) (RELEASED)

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